

## Course Description

Both the 5K and 10K courses wind down Upper Bear Creek, with a finish near Evergreen Lake. This course treats participants to one of the most scenic and fastest races in Colorado. In fact, this may be one of the best races you will ever run! The fastest 5K ever run in Colorado was run on this course - 14:07 by Jason Hubbard in 1998.

## Runners with Disabilities

We welcome runners of all abilities. Accommodations will be provided if necessary for the 5K distance. During registration, please select what accommodations are needed (Wheelchair accessibility, Double BIB for running guide, or Other). Please contact the Race Director with any questions (evergreentownrace@gmail.com).

## Race Schedule

- 6:30 a.m.- Registration Opens
- 6:30 a.m.- Buses start for 5K
- 7:15 a.m.- Buses start for 10K
- 7:50 a.m.- 5K Wheelchair/Guided Start
- 8:00 a.m.- 5K Event Begins
- 8:45 a.m.- 10K Event Begins
- 9:00 a.m.- 5K Awards
- 10:00 a.m.- 10K Awards

## Transportation

Free bus transportation provided to the start line.

**5k:** buses for the 5k event depart from Evergreen High School until 7:30 a.m.

**10k:** buses for the 10k event depart from the Xcel Energy frontage road until 8:00 a.m.

Please see map on reverse.

*You must display your race number to get on a bus. No one without an official number will be allowed on the buses. Upper Bear Creek Road will be closed to all traffic and there will be no parking available at the starts.*

***If you miss the bus, you miss the race.***



Alpine Rescue Team  
Box 934  
Evergreen, Colorado  
80437



evergreentownrace

5K & 10K 2018

Going Downhill  
for 40 Years

Sunday, August 5<sup>th</sup>, 2018  
Evergreen, Colorado

## Information

For registration information, questions or to volunteer, please contact Mike at: evergreentownrace@gmail.com.

## Food

Delicious, handmade bagel sandwiches at the Evergreen Lake House will follow the race. Family and friends may participate in the brunch for \$3 each, payable on race day.

## Results and Awards

Results are tabulated. Awards will not be mailed - racers must be present to receive award.

## Timing Chips & Bib Pick up

Timing chips will be attached to racer bibs. Champion Chip and other brands of chips are non-compatible with the timing system. Racer bibs can be picked up at per-determined locations (locations and timing to be announced on our website at: <http://www.evergreentownrace.org/> ) OR the morning of the race at the bus pick-ups.

## Results

Results post live online during the event at [www.racingunderground.com](http://www.racingunderground.com). Results will only be edited (for misspelled names, etc.) for two weeks following the event.

## Race Beneficiary

This Race benefits the Alpine Rescue Team, headquartered in Evergreen, CO - a non-profit, volunteer organization dedicated to saving lives through search, rescue, and mountain safety education. Alpine Rescue Team never charges for its services.

**Check them out at [www.alpinerescueteam.org](http://www.alpinerescueteam.org).**

## Thanks to our generous sponsors!



**We are also grateful to the following supporters**  
Acclimate  
Assist to Sell  
Budweiser  
El Dorado Water  
Evergreen Nature Center  
Evergreen Parks & Rec  
Kiwanis  
Pepsi  
Runners Roost  
Asics  
Big O Tires  
Curves  
Evergreen Chamber of Commerce  
Evergreen Newspapers  
Evergreen Rotary Club  
LeVos Dentistry  
Runners High

## Directions

### To Evergreen High School (for 5k):

**From Denver via I-70 west:** Take exit 252 (Evergreen Parkway) to Colorado 74. Go south 7.8 miles to traffic light just past lake. Turn right on Hwy 73. 1/2 mile to traffic light at Buffalo Park Rd. Turn right and go 0.7 miles. The 2<sup>nd</sup> entrance goes to the parking lot used for the race.

**From Denver via 285 south:** Exit onto North Turkey Creek. Go 6.2 miles to T. Turn right onto Hwy. 73. Go 3.3 miles to traffic light at Buffalo Park Rd. Turn left and go 0.7 miles.

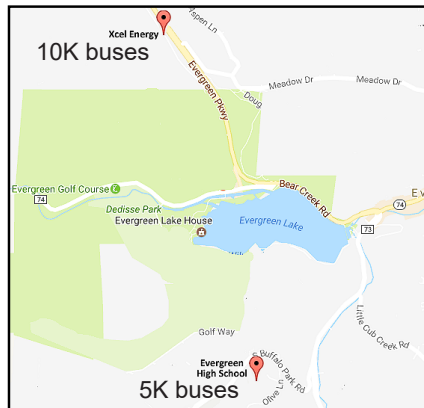
**From Conifer at 285:** Exit onto Hwy. 73 for 8.75 miles to traffic light at Buffalo Park Rd. Turn left and go 0.7 miles.

### To Xcel Energy Frontage Road (for the 10k):

**From Denver via I-70 west:** Take exit 252 (Evergreen Parkway) to Colorado 74. Go south 6.5 miles.

**From Denver via 285 south:** Exit onto North Turkey Creek. Go 6.2 miles to T. Turn right onto Hwy. 73. Go 3.85 miles to T at the 2<sup>nd</sup> traffic light. Turn left on Colorado 74. Go 1.3 miles.

**From Conifer at 285:** Exit onto Hwy. 73 for 8.75 miles to T at the 2<sup>nd</sup> traffic light. Turn left on Colorado 74. Go 1.3 miles.



## Entry Form

Bib Number: \_\_\_\_\_ OFFICIAL USE ONLY  
Photocopies are acceptable. ONLY

Mail this form with your check, payable to: Colorado Road Runners, Inc., PO Box 7042, Golden, CO, 80403.

**Mailed entries must be received by July 27, 2018.**

Age (on race day) \_\_\_\_\_ Male  Female

I will participate in the : 5K  10K

### Special Accommodations

- Wheelchair accessible
- Double BIB for running guide
- Other (contact race director; evergreentownrace@gmail.com)

\_\_\_\_\_  
Last Name First Name M.I.

\_\_\_\_\_  
Address

\_\_\_\_\_  
City State Zip

\_\_\_\_\_  
Daytime Phone Evening Phone

\_\_\_\_\_  
Email

How did you hear about us?

## Entry Fee

Race	Jan 1 through Jan 31	Feb. 1 through April 15	April 16 through Aug. 4	Race Day
5k:	\$25	\$30	\$35	\$40 \$ _____
10k:	\$30	\$35	\$40	\$45 \$ _____
Contribution to Alpine Rescue Team*				\$ _____
Total				\$ _____

**Waiver:** In consideration of your accepting my entry in the Evergreen Town Race 2018, I, intending to be bound for myself, my heirs, executors, and administrators, do hereby release and discharge any and all race sponsors and officials from any and all liability arising from illness, injuries, and damages I may suffer as a result of participating in this event. I understand and agree that a race sponsor may subsequently use for publicity and promotional purposes my name or pictures of me participating in this event without obligation or liability to me. I have read the entry information provided and certify my compliance by my signature below. I also understand that the fees I pay are non-refundable.

Signature (if under 18, parent/guardian must sign)

For more or to register online: [www.evergreentownrace.org](http://www.evergreentownrace.org)